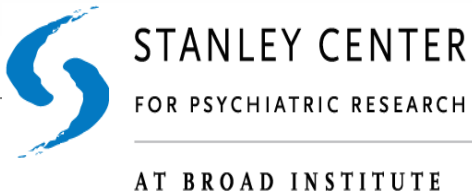
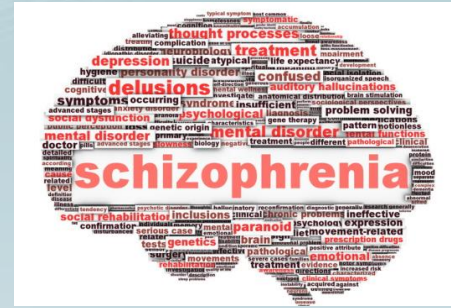


# GENETICS OF MIGRAINE

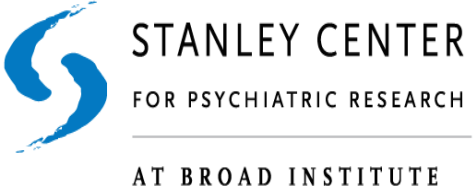
## Genetic aspects and latest findings

Aarno Palotie





# Genetics Strategy: Uncover disease mechanisms



# Disclosures

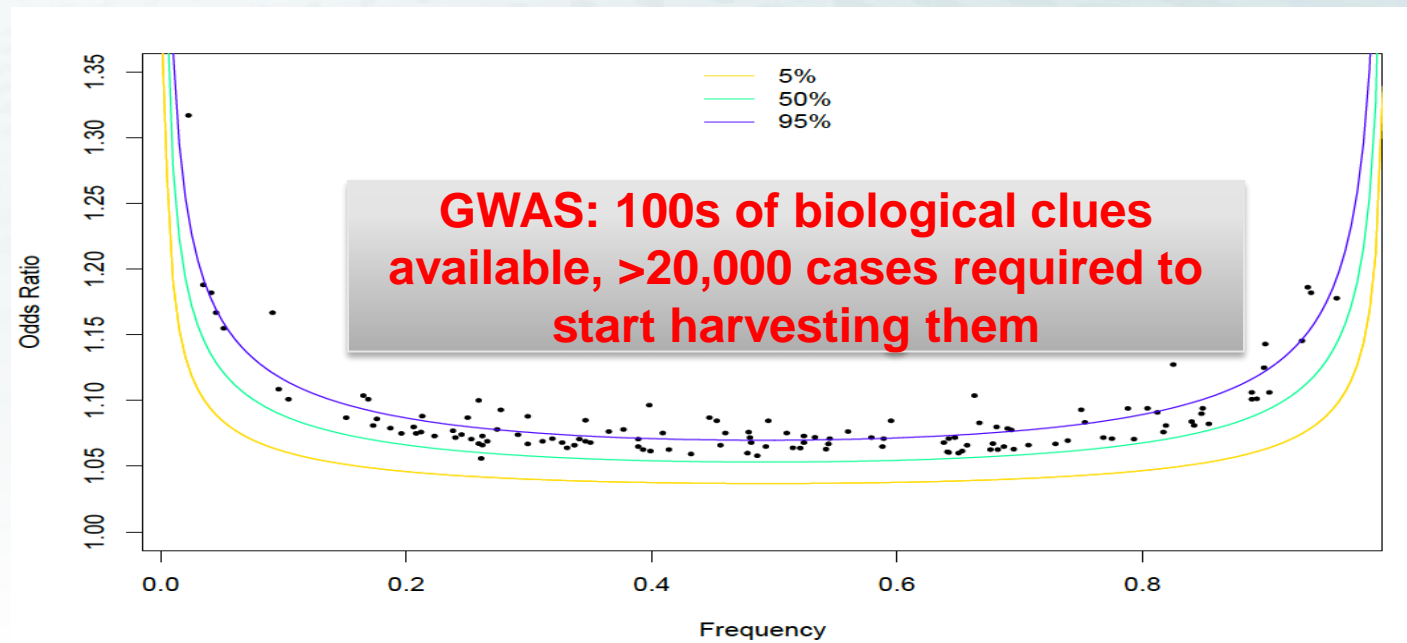
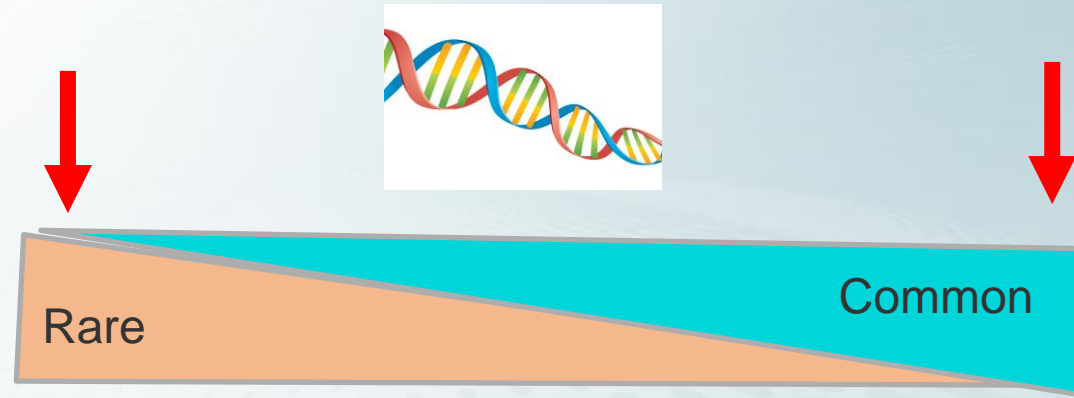
**Chief Scientific officer for the FlinnGen project that includes 13 pharma companies as members**

# Genetics Mission

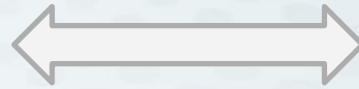
- › Genetics is about generating a knowledgebase for biological insight and therapeutic development
- › To that end, our genetics strategy is aimed at definitively establishing
  - specific genes and variants as associated,
  - interpreting their specific phenotypic consequence,
  - Glean insight about the cells and molecular pathways involved in order to seed and inform the design of experiments

Courtesy of Mark Daly

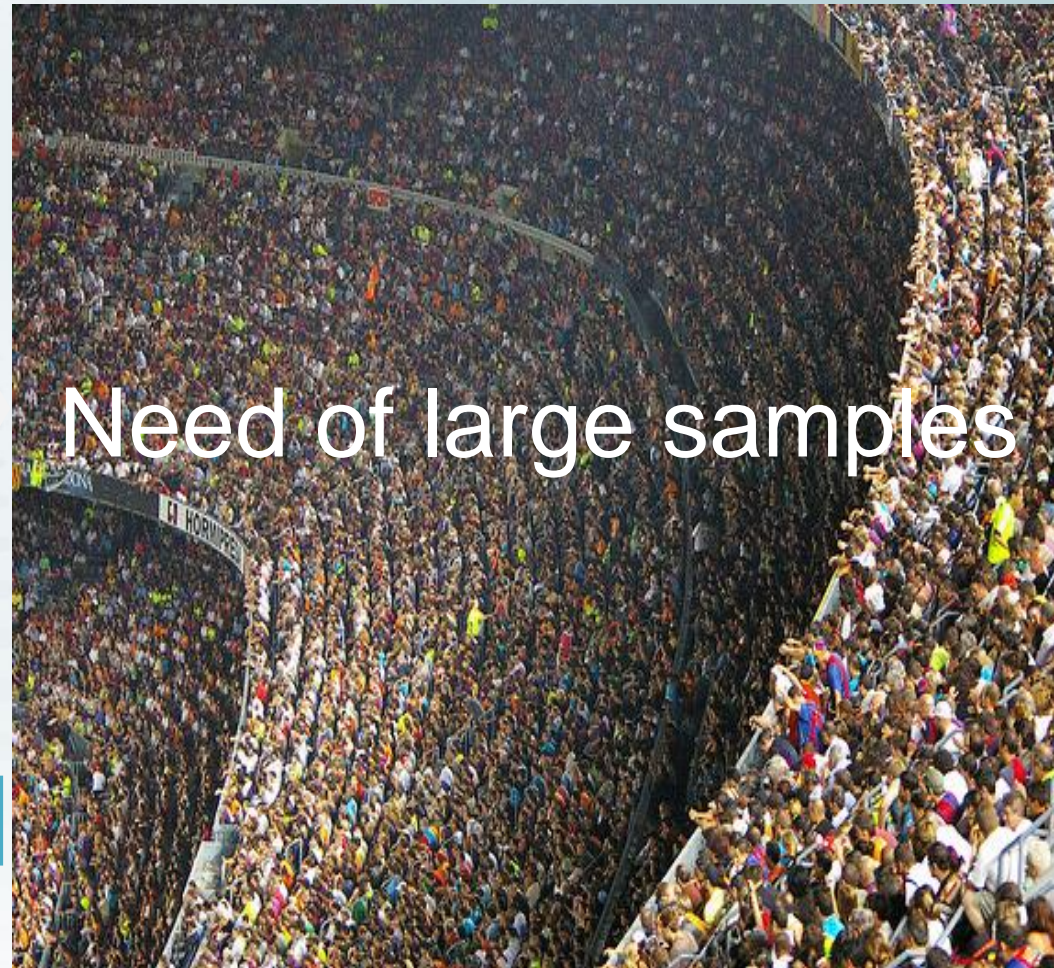
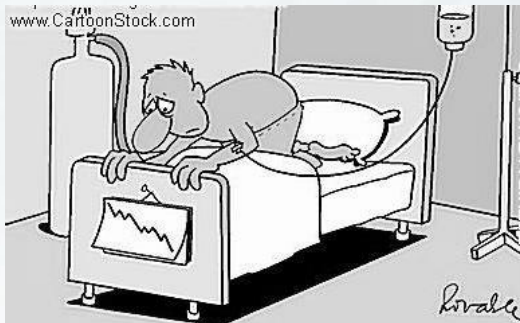
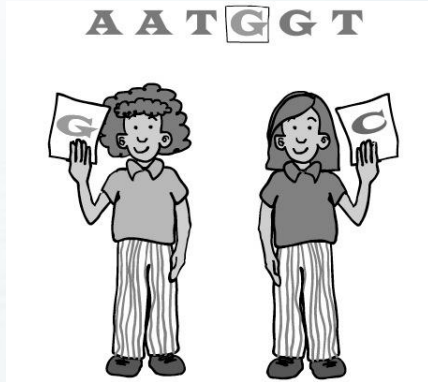
# Common and rare variants



RARE



COMMON

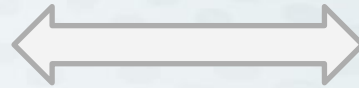


Need of large samples

EACH GENE VARIANT HAS A SMALL EFFECT



RARE



COMMON



# Rare forms of migraine

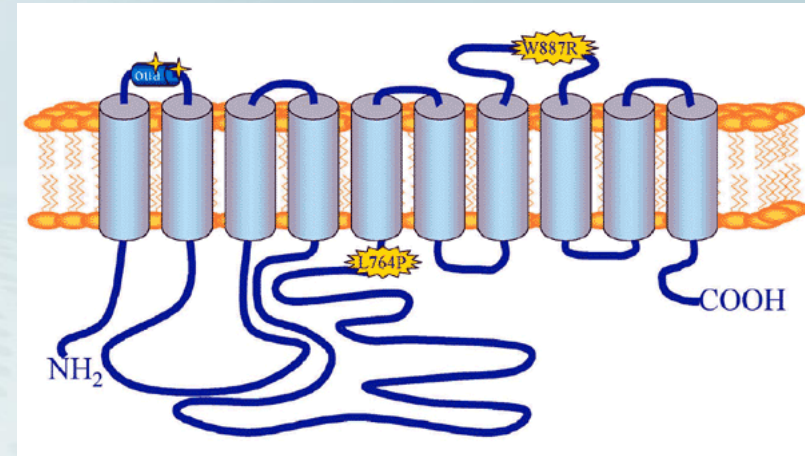
## Familial hemiplegic migraine



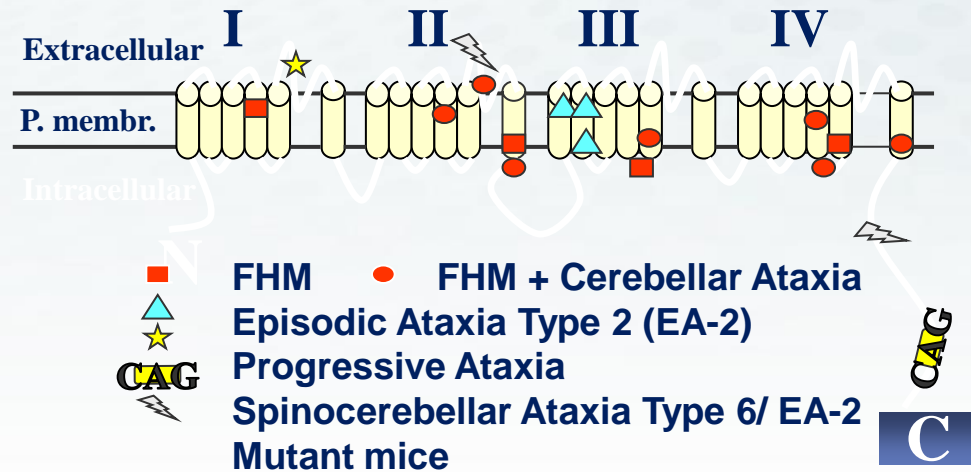
# Mendelian forms of migraine

## Familial hemiplegic migraine (FHM)

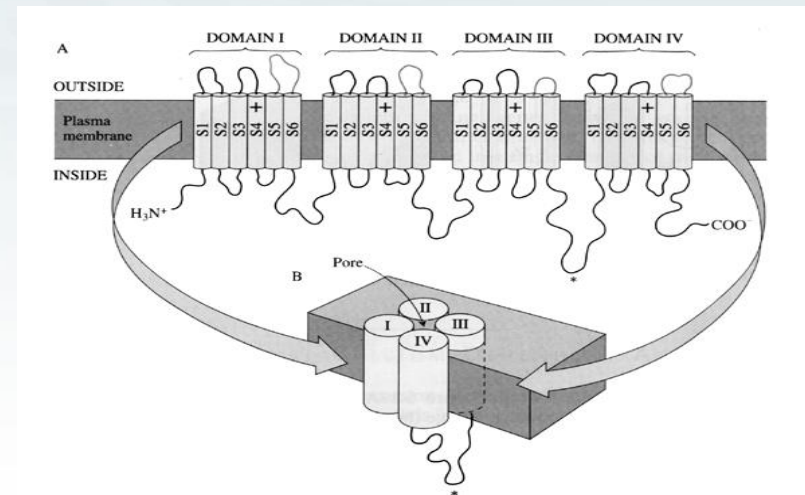
FHM2 1q ATP1A2



FHM1 19p CACNA1A



FHM3 2q SCN1A



Genome-wide analysis of 102,084 cases identifies 123 migraine risk loci and subtype-specific risk alleles



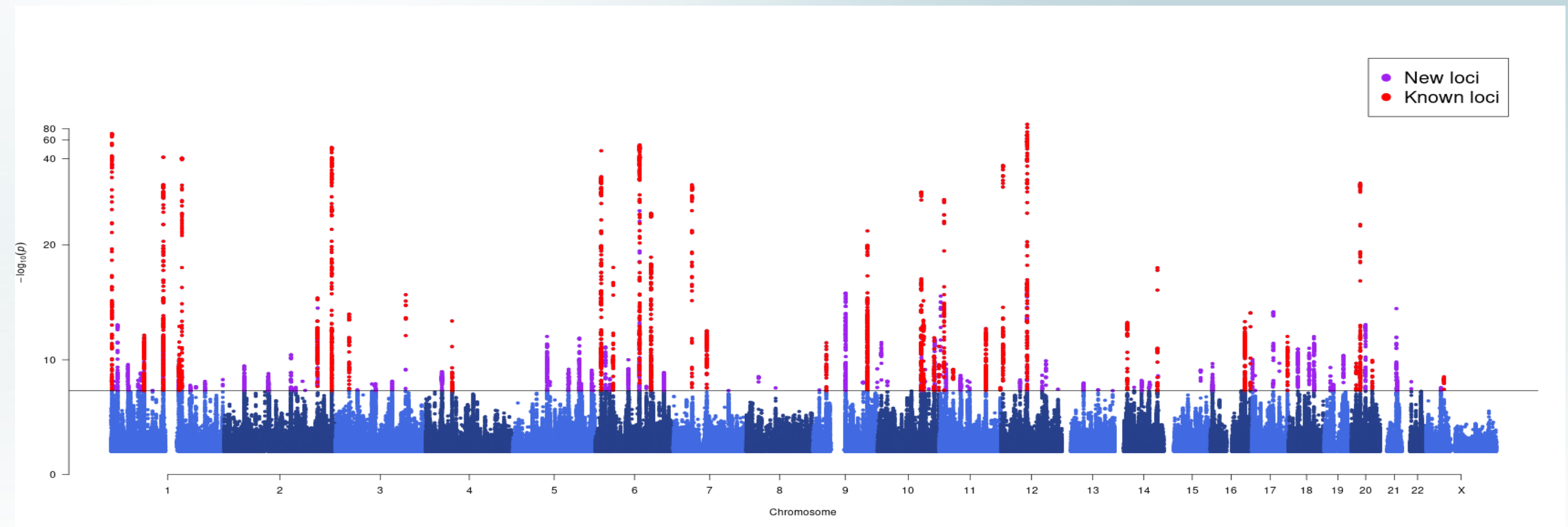
Hautakangas et al. Nature Genetics in press

Heidi Hautakangas  
Matti Pirinen

Table 1. Five migraine study collections included in the meta-analysis

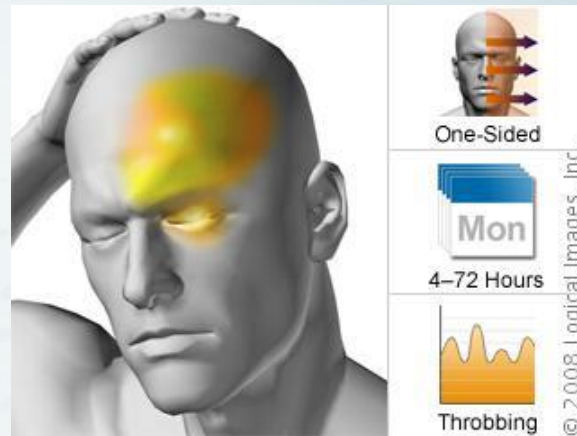
Abbreviation	Full Name	Ethnicity	Cases	Controls	Case %	Migraine Definition
IHGC2016*	Gormley et al. 2016 (no 23andMe)	European descent	29,209	172,931	14.4	Self-reported and ICHD-II
23andMe	23andMe, Inc. (23andMe.com)	European descent	53,109	230,876	18.7	Self-reported
UKBB	UK <u>Biobank</u> (ukbiobank.ac.uk)	European, British	10,881	330,170	3.2	Self-reported
GeneRISK	GeneRISK (generisk.fi)	European, Finnish	1,084	4,857	18.2	Self-reported
HUNT	Nord-Trøndelag Health Study (ntnu.edu/hunt)	European, Norwegian	7,801	32,423	19.4	Self-reported migraine or fulfilling modified ICHD-II criteria

\*IHGC2016 is a meta-analysis of 21 studies listed in Supplementary Table 1. Some studies of IHGC2016 determined migraine status through clinical phenotyping while migraine status in other studies is based on self-reported information. ICHD-II = the International Classification of Headache Disorders 2<sup>nd</sup> edition.



123 loci: 86 new, 37 previously reported, at  $P < 5e-8$ .

# Migraine subtypes



## Migraine

- Recurrent, unilateral headache
- Pulsating pain
- 4-72 hours
- 2-3x more common in women than men
- Heritability ~ 60%
- Prevalence ~15%

## Migraine sub-types

1 in 3 cases



Migraine *with* Aura

2 in 3 cases

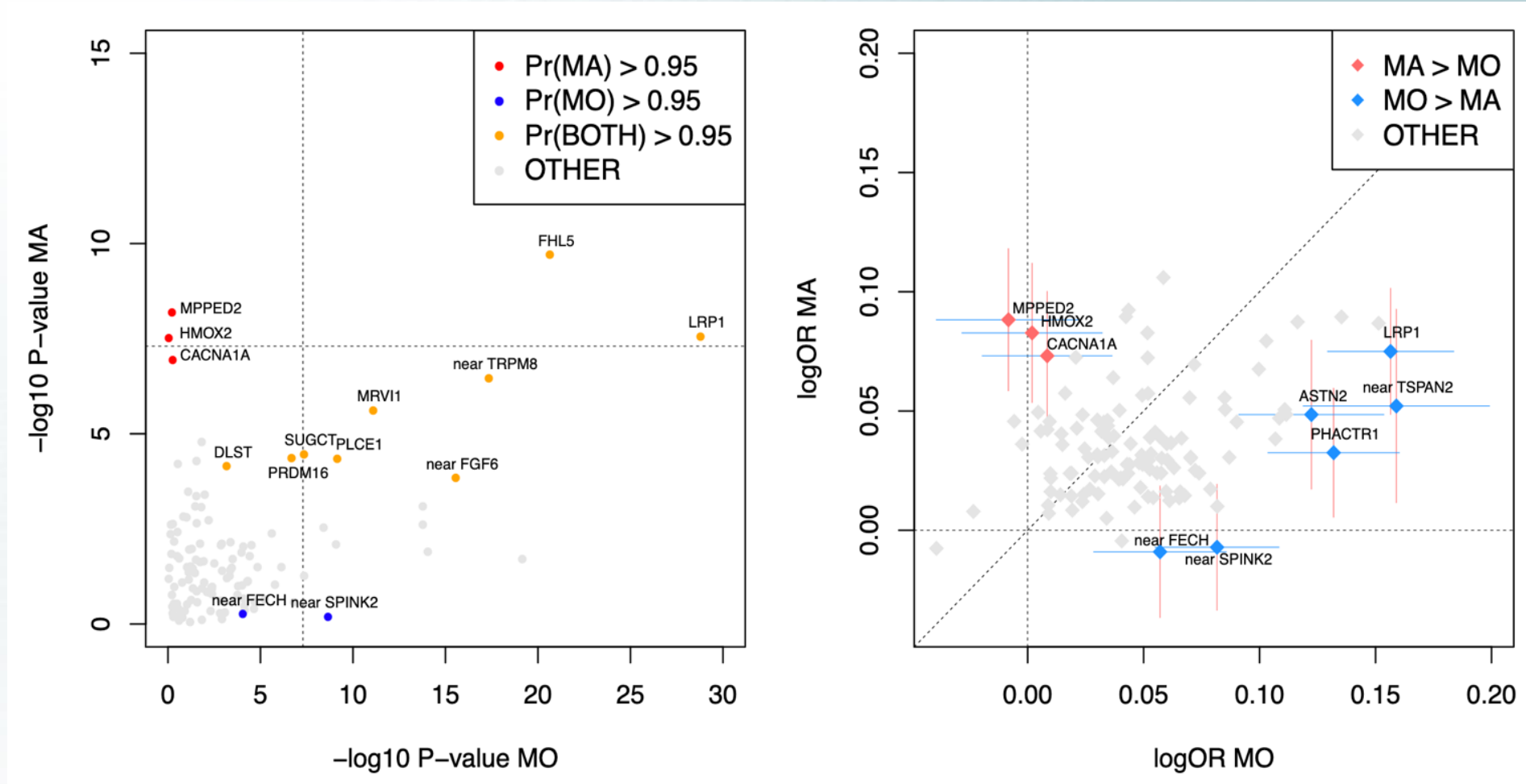


Migraine *without* Aura

Table 2. Study collections included in MO and MA subtype analyses.

<u>Abbreviation</u>	<u>Full Name</u>	<u>Ethnicity</u>	<u>Subtype</u>	<u>Cases</u>	<u>Controls</u>
IHGC2016*	<u>Gormley et al.</u>	European <u>descent</u>	MO	8,348	139,622
			MA	6,332	144,883
UKBB	UK Biobank (ukbiobank.ac.uk)	European, British	MO	187	320,139
			MA	1,333	320,139
<u>deCODE</u>	<u>deCODE Genetics Inc.</u>	European, <u>Icelandic</u>	MO	1,648	193,050
			MA	2,297	209,338
DBDS	<u>Danish Blood Donor Study</u>	European, <u>Danish</u>	MO	3,756	28,045
			MA	3,938	28,045
LUMINA	LUMINA migraine without aura or with aura	European, <u>Dutch</u>	MO	1,115	1,445
			MA	741	1,447

# Migraine lead variants show shared and distinct effects between the two subtypes



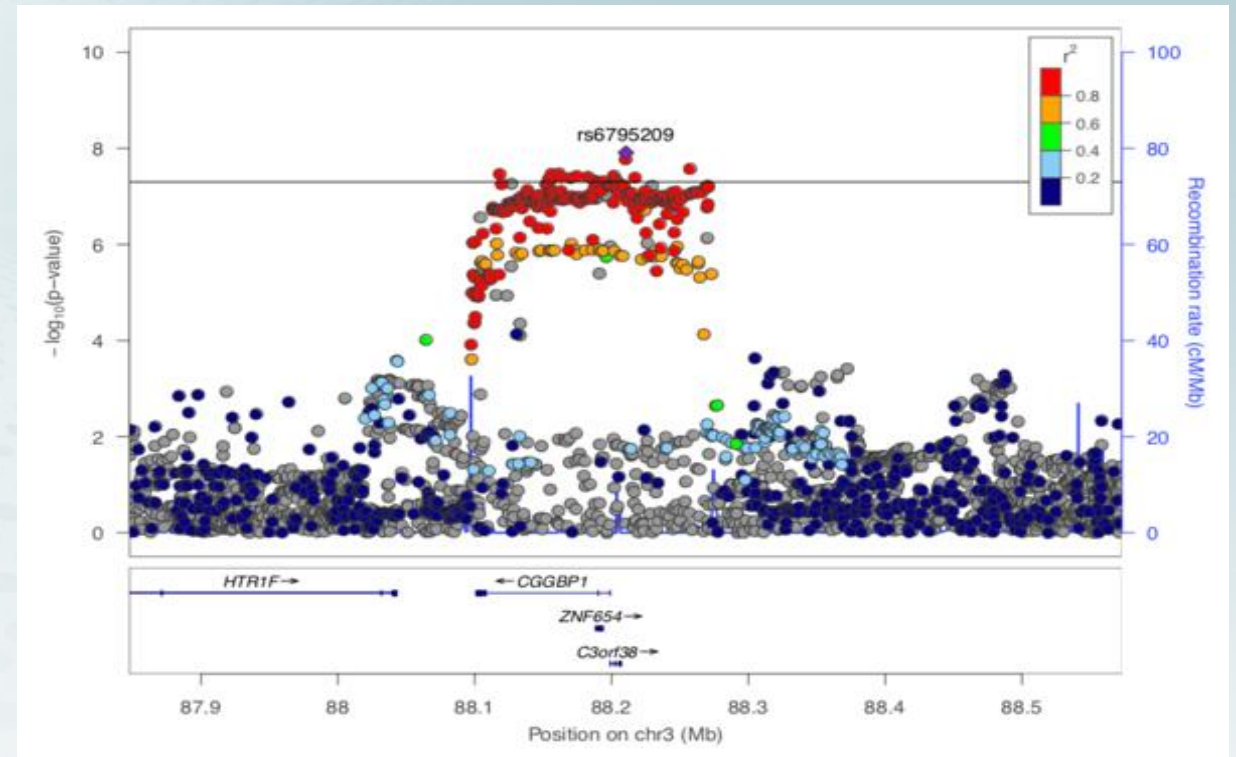
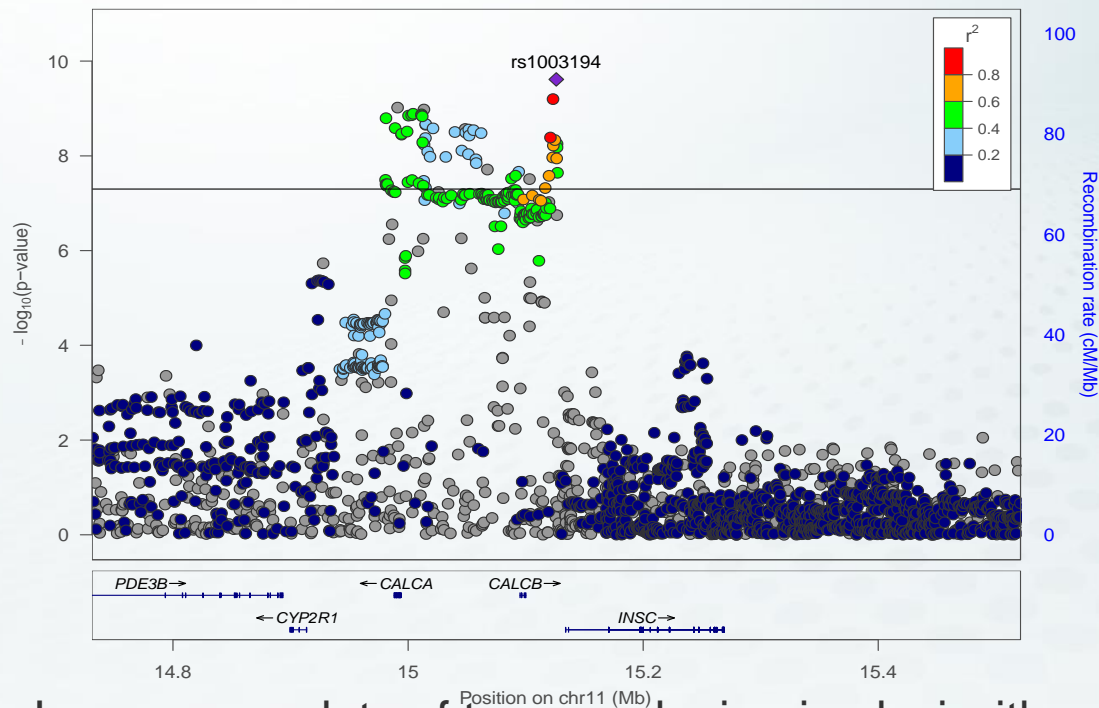
Lead variants stratified by migraine subtype for risk loci with minor allele frequency > 5%.

- a) Axes show the negative log<sub>10</sub> P-value of MO (X-axis) and MA (Y-axis) analyses. Symbols that are colored and annotated indicate > 95% posterior probability that a non-zero effect is present in both MO and MA (model BOTH), or that the effect is present only in MO or only in MA but not both (models MO and MA, respectively). Variants with a probability less than 95% for each of the three models are shown as gray.
- b) Axes show logarithm of odds ratios for MO (X-axis) and MA (Y-axis) calculated for the migraine risk allele. The effects at variants that have been colored and annotated differ between the subtypes at significance level of 0.0004 = 0.05/123. The 95% confidence intervals are shown for the annotated variants.

MO = migraine without aura, MA = migraine with aura.



## Loci with known drug targets



Locuszoom-plots of two novel migraine loci with genes that are targets of recent migraine specific drugs.

(A) Locus containing *CALCA* and *CALCB* genes which encode CGRP, that is the target of preventive and acute therapies via monoclonal antibodies and gepants.

(B) Locus containing *HTR1F* gene that encodes a serotonin 5 –  $HT_{1F}$  receptor that is the target of acute therapies via ditans.

# From locus to gene to function












- › How much can we extrapolate from GWAS to functional consequences?
- › Which is the causative gene:
  - Several genes under the locus peak, proximity is not always the best predictor of the right gene
- › Which is the causative variant:
  - Most lead variants are in regulatory regions
  - If the lead variant is a coding variant, helps to guide towards functional studies
- › Which is the relevant target tissue?

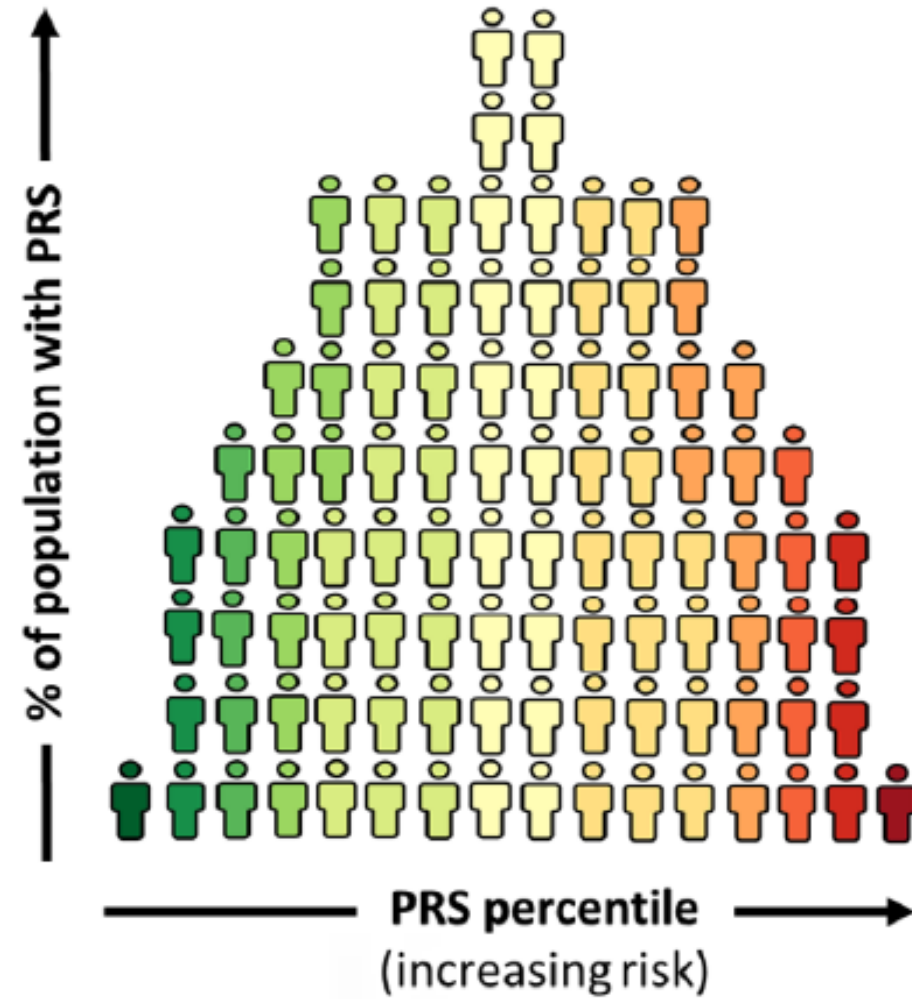
Table 3. LDSC-SEG results that are significant at FDR 5%. |

Tissue/Cell type and histone mark	Tissue category	P-value	FDR
<b>Multi-tissue gene expression data</b>			
Aorta	Cardiovascular	1.78E-04	0.029
Tibial Artery	Cardiovascular	3.60E-04	0.029
Coronary Artery	Cardiovascular	4.29E-04	0.029
<b>Gene expression data of 13 brain regions from GTEx</b>			
Caudate (basal ganglia)	Central nervous system	6.00E-04	0.008
<b>Multi-tissue chromatin annotation data</b>			
Fetal Brain Female, H3K4me3	Central nervous system	2.49E-05	0.012
Brain Dorsolateral Prefrontal Cortex, H3K27ac	Central nervous system	8.43E-05	0.018
Brain Dorsolateral Prefrontal Cortex, H3K4me3	Central nervous system	1.11E-04	0.018
Aorta, H3K4me1	Cardiovascular	2.57E-04	0.031
Stomach Mucosa, H3K36me3	Digestive	3.36E-04	0.032
Aorta, H3K27ac	Cardiovascular	4.40E-04	0.032
Artery-Tibial ENTEX, H3K4me1	Cardiovascular	4.53E-04	0.032
Ganglion Eminence derived primary cultured neurospheres, H3K4me3	Central nervous system	6.53E-04	0.04
Brain Germinal Matrix, H3K4me3	Central nervous system	8.42E-04	0.043
Aorta ENTEX, H3K27ac	Cardiovascular	1.11E-03	0.043
Artery-Coronary ENTEX, H3K4me3	Cardiovascular	1.13E-03	0.043
Cortex derived primary cultured neurospheres, H3K36me3	Central nervous system	1.14E-03	0.043
Ovary, H3K27ac	Other	1.15E-03	0.043
Cortex derived primary cultured neurospheres, H3K4me3	Central nervous system	1.29E-03	0.045
Aorta ENTEX, H3K4me1	Cardiovascular	1.39E-03	0.045
Stomach Smooth Muscle, H3K4me3	Musculoskeletal/Connective	1.55E-03	0.047

“Migraine is neurovascular”

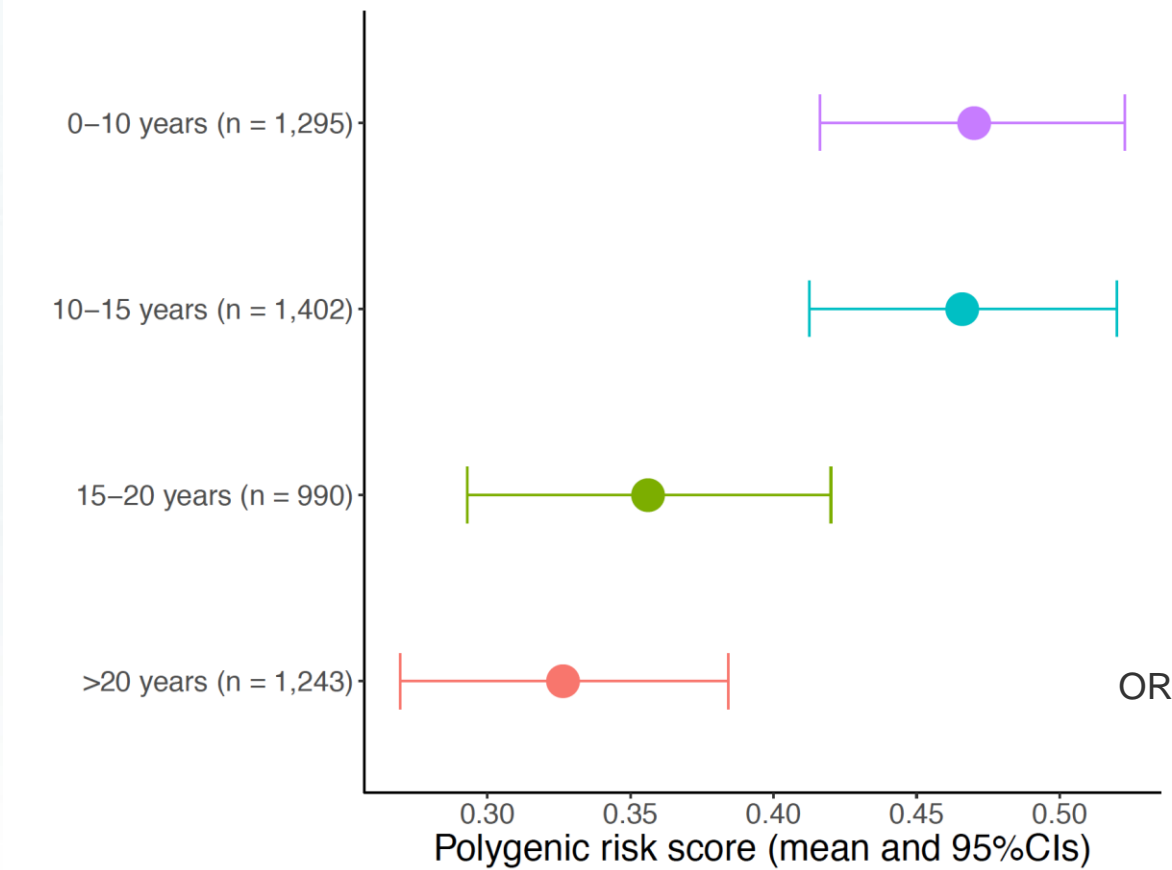
# Polygenic Risk Score PRS

	PRS percentile	Risk of disease vs. reference group
	0-1	Lowest ↑
	1-5	
	5-10	
	10-20	
	20-40	
	<b>40-60 (reference)</b>	1
	60-80	↓ Highest
	80-90	
	90-95	
	95-99	
	99-100	



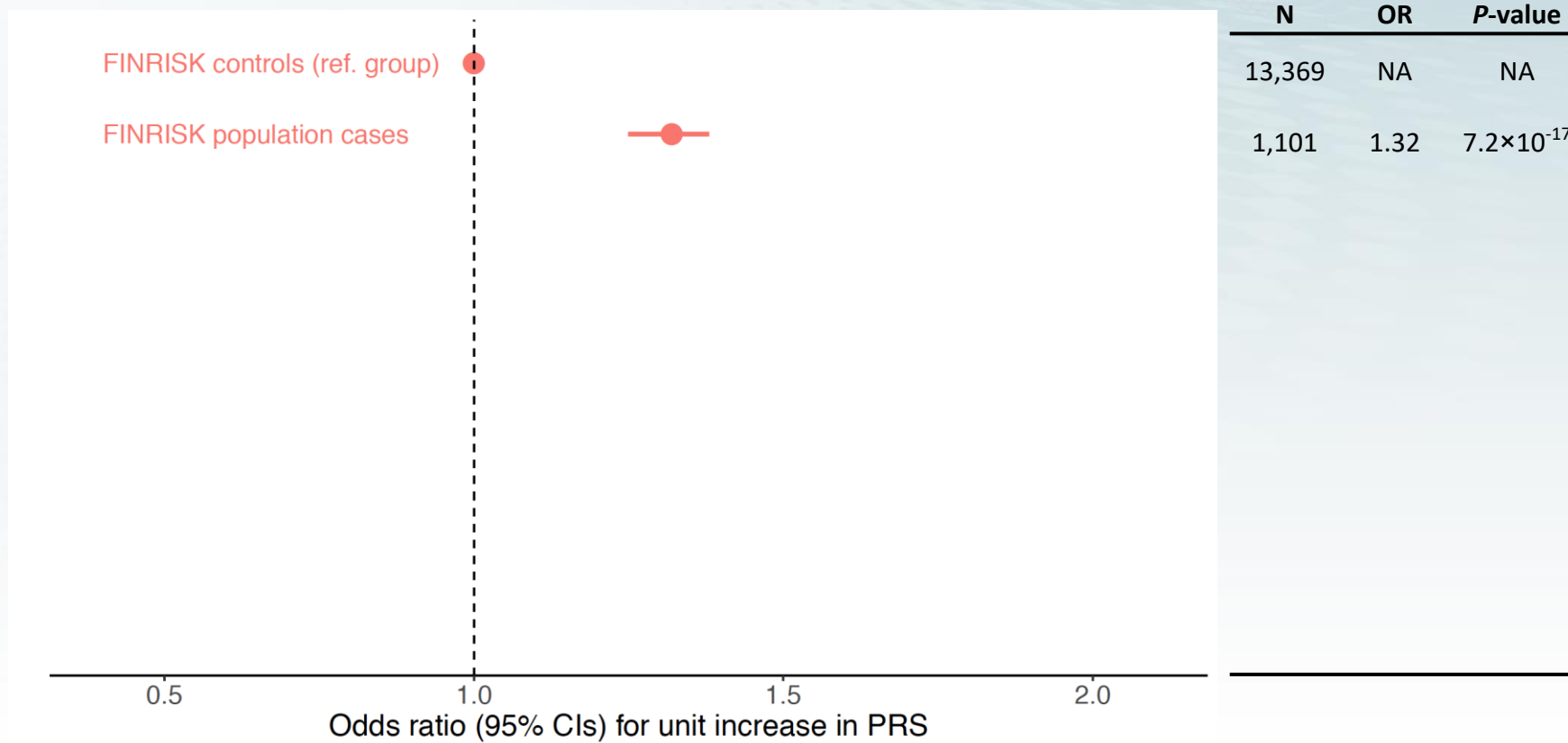
Source: RGA

# Earlier age of onset of headaches corresponds to higher PRS

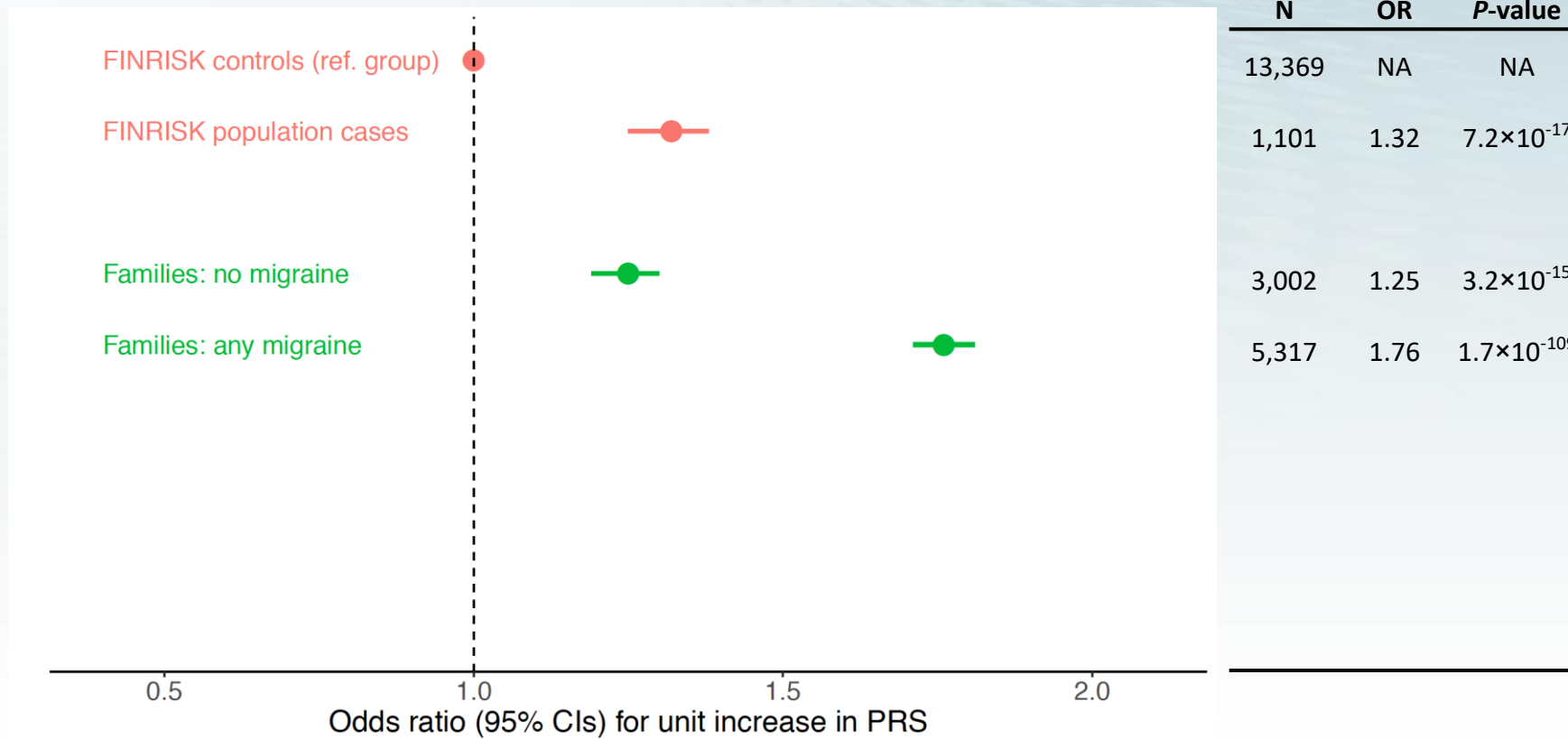


OR = 1.11,  $P$ -value =  $8.2 \times 10^{-4}$

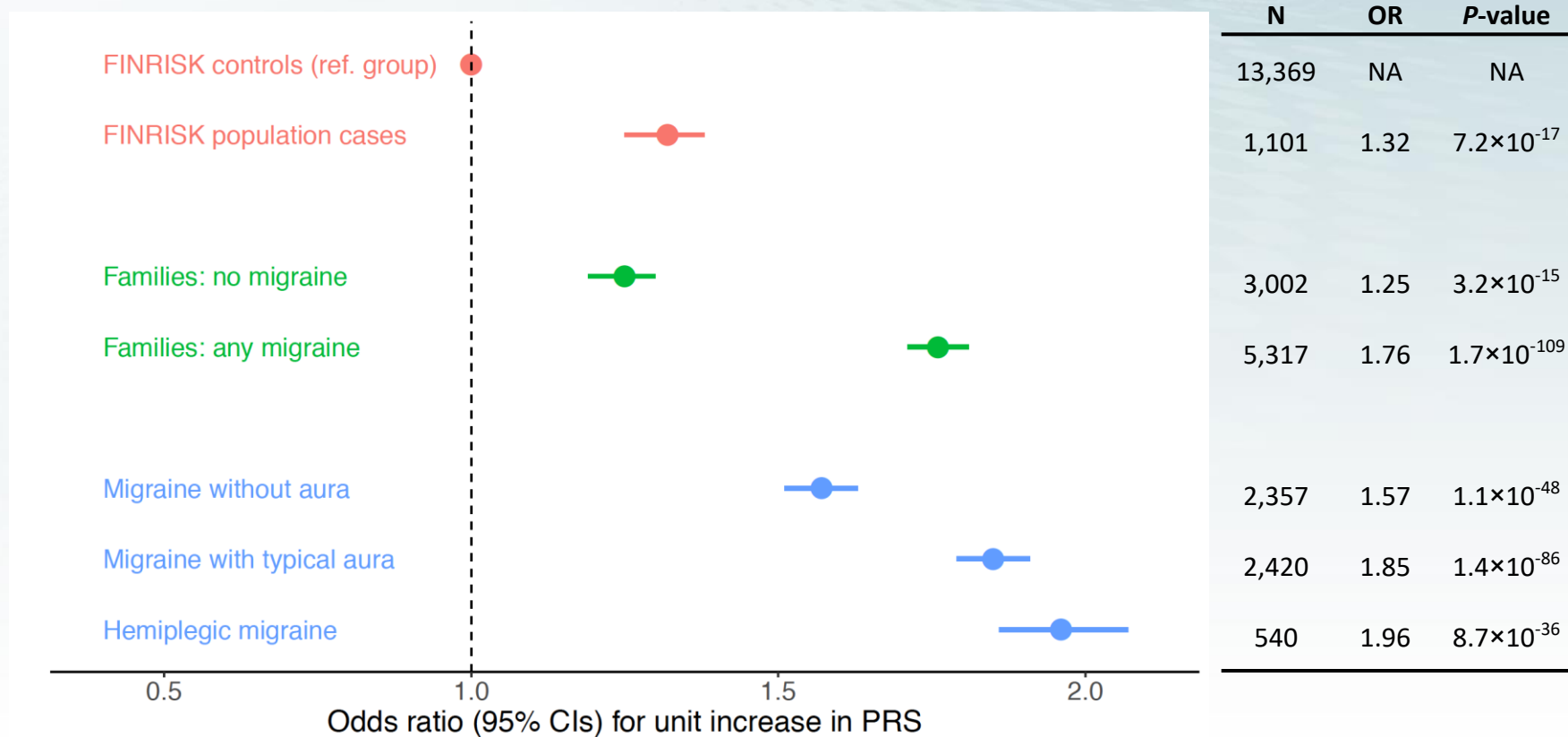
## Population sample – Cases associated with increased burden of common variation



# Family sample – Familial cases significantly higher polygenic load than population cases

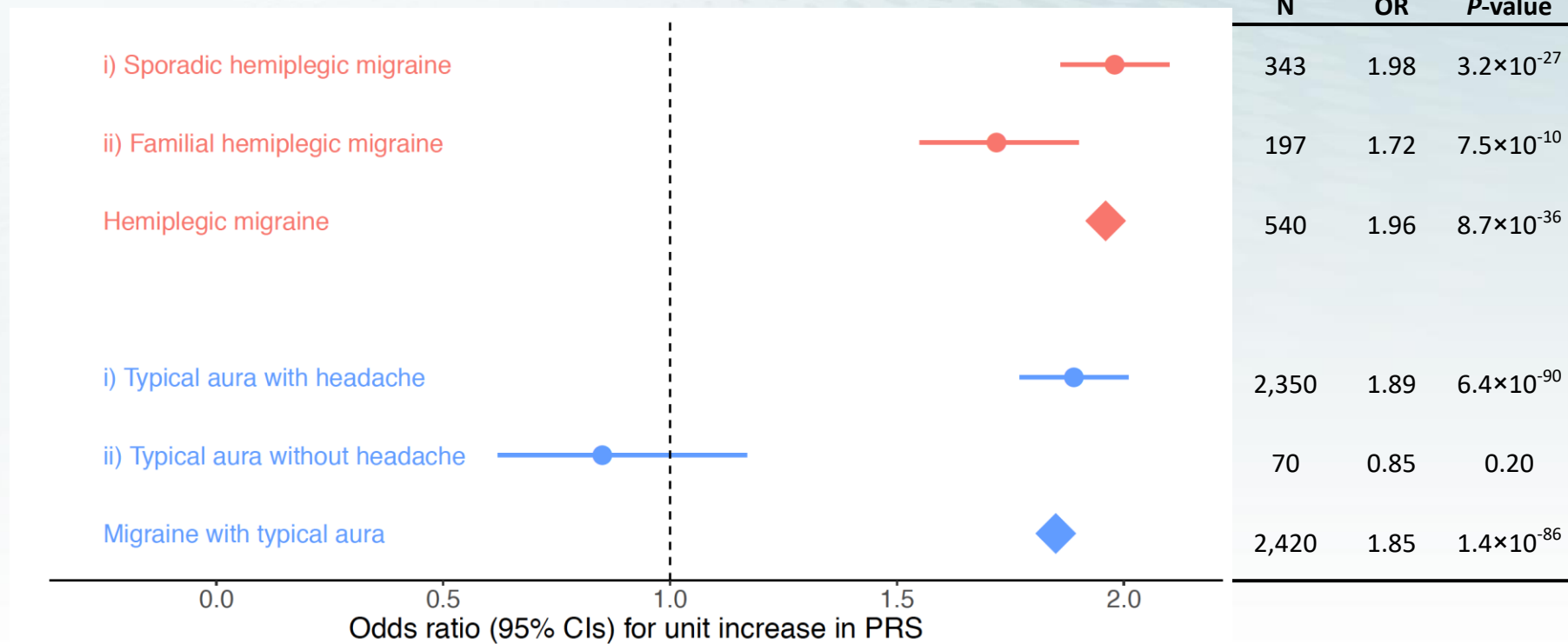


## Subtypes – aura subtypes have higher enrichment than migraine without aura

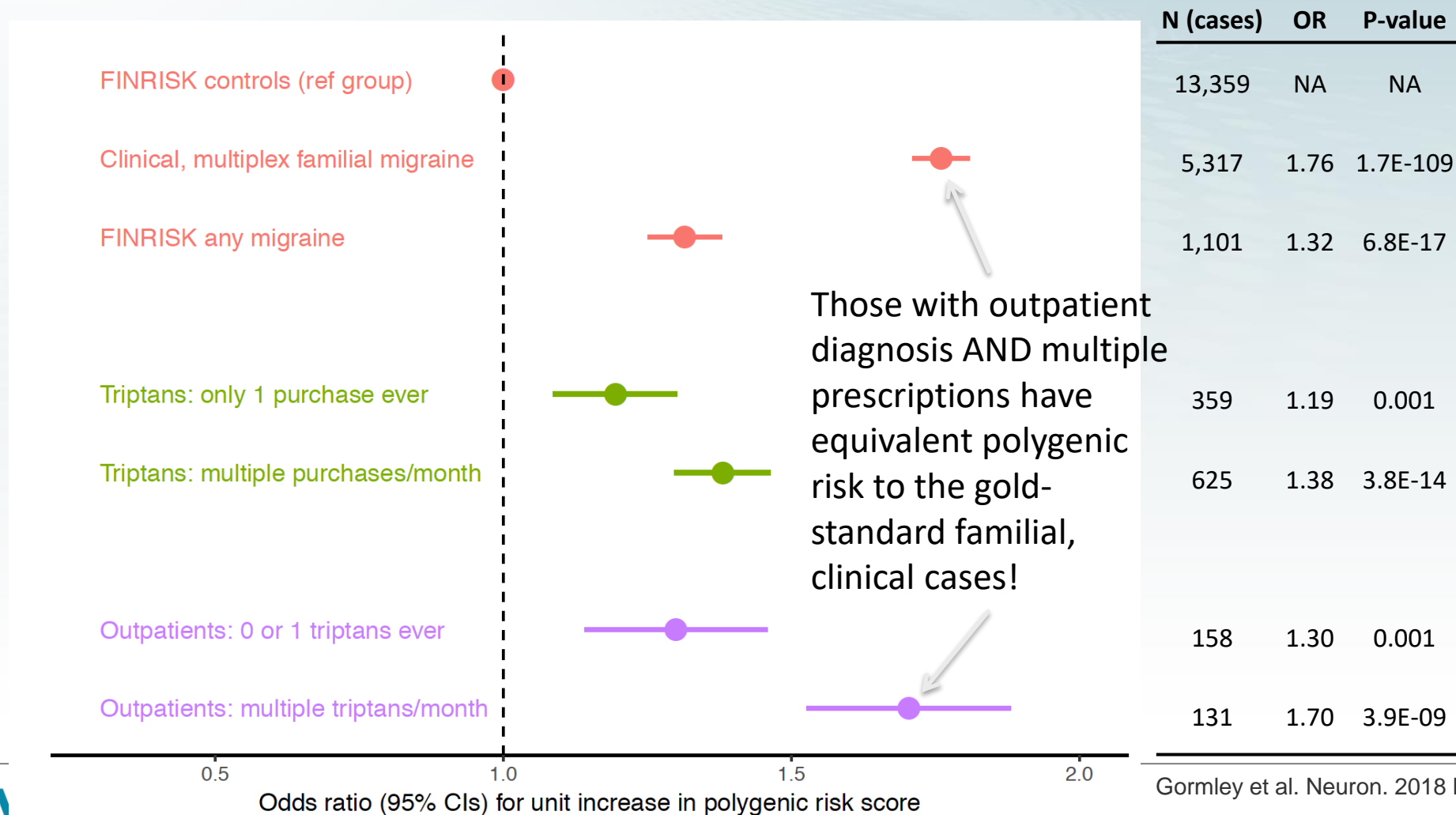




## Deeper-level subtypes – Typical aura without migraine headache has very low PRS

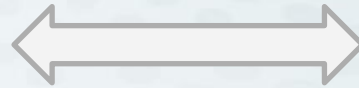


# Triptans use and purchase-frequency from registry data is associated with higher polygenic risk scores for migraine





RARE



COMMON

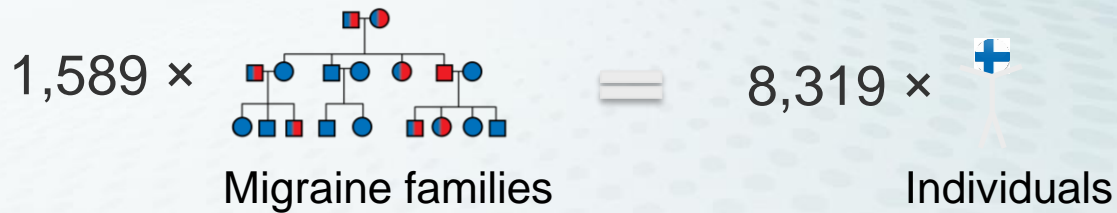
# The Finnish migraine family collection



Padhraig  
Gormley



Maija Wessman  
Mikko Kallela



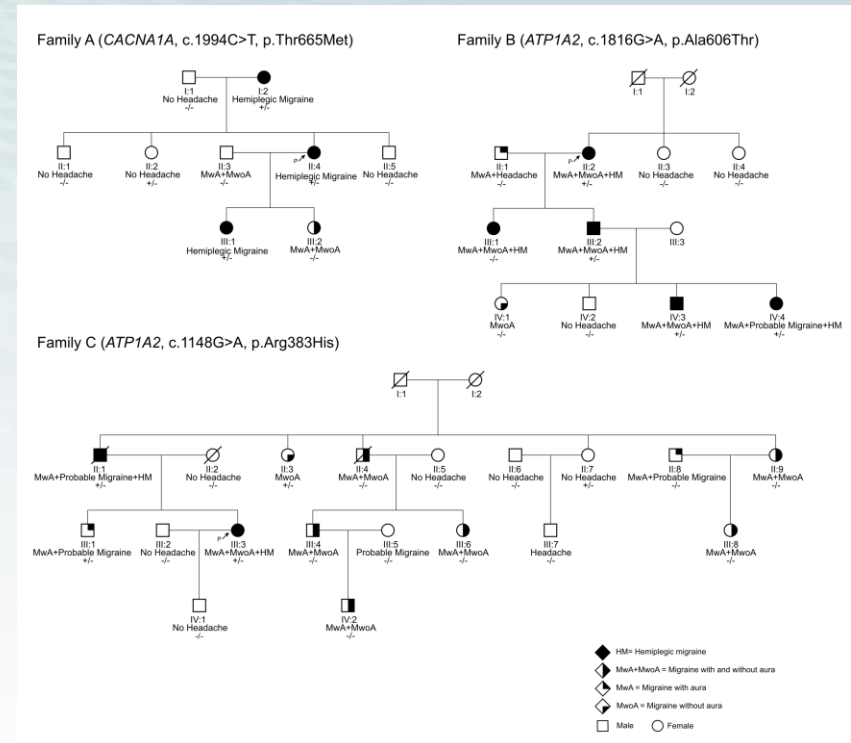
Phenotypes	No. of individuals
No migraine	3,002
Any migraine (total)	5,317
<ul style="list-style-type: none"> <li>• Migraine without aura (MA)</li> </ul>	2,357
<ul style="list-style-type: none"> <li>• Migraine with typical aura</li> </ul>	2,420
<ul style="list-style-type: none"> <li>• Hemiplegic migraine (HM)</li> </ul>	540



Families collected from  
Headache Clinics  
throughout Finland

## Searched for rare variants in known Hemiplegic Migraine genes - found very little

- Exome-sequenced 293 (of 540) HM cases
- Filtered variants for:
  - LoF/missense variants in 3 known genes (*CACNA1A*, *ATP1A2*, *SCN1A*)
  - rare in gnomAD (MAF < 0.01)
  - rare in Finland (SISu MAF < 0.01)
- Only found 3 pathogenic variants in 14 cases from 3 families



# Migraine: Polygenic Architecture

Neuron 98, 1-11. May 2018.

## Article

CellPress

### Common Variant Burden Contributes to the Familial Aggregation of Migraine in 1,589 Families

Padhraig Gormley,<sup>1,2,3,26</sup> Mitja I. Kurki,<sup>1,2,3,26</sup> Marjo Eveliina Hiekkala,<sup>4,26</sup> Kumar Veerapen,<sup>1,2,3</sup> Paavo Häppölä,<sup>5</sup> Adele A. Mitchell,<sup>6,27</sup> Dennis Lal,<sup>1,2,3,7</sup> Priit Palta,<sup>5</sup> Ida Surakka,<sup>5</sup> Mari Anneli Kaunisto,<sup>5</sup> Eija Hämäläinen,<sup>5</sup> Salli Vepsäläinen,<sup>8</sup> Hannele Havanka,<sup>9</sup> Hanna Harno,<sup>8,10</sup> Matti Ilmavirta,<sup>11</sup> Markku Nissilä,<sup>12</sup> Erkki Säkö,<sup>13</sup> Marja-Liisa Sumelahti,<sup>14</sup> Jarmo Liukkonen,<sup>15</sup> Matti Sillanpää,<sup>16</sup> Liisa Metsähonkala,<sup>17</sup> Seppo Koskinen,<sup>18</sup> Terho Lehtimäki,<sup>19</sup> Olli Raitakari,<sup>20,21</sup> Minna Männikkö,<sup>22</sup> Caroline Ran,<sup>23</sup> Andrea Carmine Belin,<sup>23</sup> Pekka Jousilahti,<sup>18</sup> Verner Anttila,<sup>1,2,3,5</sup> Veikko Salomaa,<sup>18</sup> Ville Arto,<sup>8</sup> Markus Färkkilä,<sup>8</sup> 23andMe Research Team,<sup>24</sup> International Headache Genetics Consortium (IHGC), Heiko Runz,<sup>6,28</sup> Mark J. Daly,<sup>1,2,3,5</sup> Benjamin M. Neale,<sup>1,2,3</sup> Samuli Ripatti,<sup>5,25</sup> Mikko Kallela,<sup>8</sup> Maija Wessman,<sup>4,5</sup> and Aarno Palotie<sup>1,2,3,5,29,\*</sup>



Padhraig Gormley

*“...a significant contribution of common polygenic variation to the familial aggregation of migraine”*



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